

HOW TO - USE YOUR TRIFOLD PACK

About your Trifold pack

- Your pharmacist has supplied your medication in a Venalink Trifold medication pack
- As prescribed by your doctor, each blister contains the correct medication dose for that particular time of day. Only remove the medication when it is time to take that particular dose.
- Please read the labels on the pack. If you need further advice or information about your medicines or the blister pack please ask your pharmacist. The contact details should be on the pack.



How to use your Trifold pack



1. **LOCATE** the blister for the correct day of the week and the correct time of day



2. **TURN** over the card



3. Remove the contents of the blister by **PIERCING** or **SCRATCHING** away the foil.



4. **POUR** the medication out in to your hand or a cup/other suitable container